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This book provides basic information to help women with disabilities stay healthy, and will also help those who assist women with disabilities to provide good care. You can help us improve this health guide. So, if you are a woman with a disability, a caregiver, or anyone with ideas or suggestions about how to improve this book and the health of women with disabilities, please write to us. We would like to hear about your experiences and practices.

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Women with disabilities may need specialty care to address their individual needs. In addition, they need the same general health care as women without disabilities, and they may also need additional care to address their specific needs. However, research has shown that many women with disabilities may not receive regular health screenings within recommended guidelines.<sup>3</sup> This section of our website has tools and health information for women with disabilities. Breast Cancer Screening: The Right To Know.Â Womenâ€™s Health Information Â». Healthy Living. People with disabilities need health care and health programs for the same reasons anyone else doesâ€”to stay well, active, and a part of the community. Having a disability does not mean a person canâ€™t be healthy.